



**Great Staughton Primary Academy**  
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9<sup>th</sup> June 2026

Dear Parent/Carer,

RE: Year 6 Sex and Relationships Education

Before the end of term, we will be completing work about 'Growing and Changing'. This work forms part of an ongoing programme of Sex and Relationships Education, which we deliver throughout the Trust.

The units of work that are covered in this programme of study are:

- Growing up: body changes, hygiene, feeling positive about yourself and different feelings for different people
- Cycle of life: sexual reproduction, caring for babies and loss & change
- Feelings: managing & coping with different feelings, keeping safe, acceptable & unacceptable contact, resisting negative influences and asking for help
- Family life: different family patterns, marriage & partnerships and celebrating events
- Friendship: different friendship groups, helping others, getting friendships right and friendship skills

These lessons are delivered in an age-appropriate, sensitive and supportive manner and form an important part of preparing children for the transition to secondary school and adolescence. We have carefully reviewed the resources we use to support our teaching, to ensure that they are appropriate to the age and needs of the children.

We understand that parents and carers may wish to discuss these topics further with their child at home, and we encourage open and honest communication. Please contact your child's teacher with any questions you may have.

Yours sincerely,

Mrs Suzi Whiting  
**Executive Headteacher**

