

Frequently Asked Questions

Does my child need to complete all of the activities?

Parents can choose the activities they think will work best for their child or children, or they can allow pupils to choose which activities they complete and when. It is anticipated that most children will complete most activities during the two weeks.

Should I mark my child's work?

You don't need to give formal marking, but it is always helpful to chat and give feedback! You could ask them:

"What went well?"

"How could you make it even better?"

"What would you do differently next time?"

What if my child has already done this Espresso activity?

Some children may have logged in to try different activities already! If this happens, they can browse Espresso and find a different activity to try instead.

Should I be encouraging my child to worry unnecessarily?

Absolutely not! If your child isn't worrying about anything, that's great! However, most children are thinking about some things (usually the things they talk to you about at bedtime or some equally inconvenient time). This activity is designed to provide strategies to help them worry less or to at least manage/share the worry in a sensible way.

What if we don't have paints at home?

That's fine. Can you create different effects with colouring pencils or even by using a writing pencil in different ways?

What if I don't have a laptop or device available for my child?

Topic: Use books or your own knowledge.

PE: Any physical activity is great! You could go for a long walk together or create some circuits in the garden with whatever resources you have.

Bonus: Children find making a wordsearch or crossword quite difficult so will probably need adult help with this one!