



Year 1 Home Learning Week Commencing 1st February 2021



PSHE

Watch the video of Mrs Whiting sharing a part of a book called *The Boy, the Mole, the Fox and the Horse*.

Link: <https://great-staughton-primary-academy.primarysite.media/media/lesson-2-pshe-feeling-scared>

Have a think about her question: What scares you a little bit and how could you overcome your fear to do that thing?

Maybe a friend or grown up helped you realise it wasn't that scary, a worry monster, practising mindfulness, etc.

Extension: Complete the mindfulness session to get rid of the 'I can't monster'.

<https://www.youtube.com/watch?v=jZtNWjQik0>

Draw a picture of you defeating and overcoming your 'fear', to remind you that you can do it.

Geography

LO: to describe the human and physical features of South America.

Watch the lesson video for Geography this week. Can you create your own poster about South America? Can you label the human and physical geographical features?

Key Words:

Human features

Physical features

South America



Science

LO: to identify and understand why a balanced diet is important for humans.

Watch the lesson video and complete the activity of sorting food into healthy and unhealthy.

https://central.espresso.co.uk/espresso/modules/ev-ourselves/healthy_eating/video_healthy_eating.html

Using the worksheet create a meal that is part of a balanced diet. Label the food on the plate and which food group it belongs to.

Then explain why it is important for humans to have a balanced diet.

Please submit this work to your teacher.

Remember, you need to already be logged into Espresso before clicking on the link.

DT

LO: to make a wrapper for your chocolate bar.

You are going to design your wrapper for your chocolate bar, have a look and remind yourself what your chocolate bar will look/taste like.

Have a look at the different examples of chocolate bar wrappers, what do you think you might need?

Name, pictures of the ingredients e.g. marshmallows.

Then label your design. *e.g. colour, material.*

Extension: Using the evaluation sheet, evaluate your design and write a sentence how your design could be better.

Please submit this work to your teacher.



Computing

LO: to object perform actions when clicked using block coding.

Use Espresso coding to complete the 'block coding level 1- 'Burst the bubbles' unit.

Watch the guidance video and then complete the task This should build on what you learnt last week so make sure you have completed last week's session first.

<https://coding.discoveryeducation.co.uk/app/burst-the-bubbles/5e5d0cff570d8d36569ddee1/5e5d0cff570d8d36569ddee1/5e5d0d00570d8d36569dddf17/5e5d0d0b570d8d36569de10e?loc=ale=en-gb>

Remember, you need to already be logged into Espresso before clicking on the link.

Music

LO: to read and write songs using rhythmic notation.

Please complete KS1 Music/ Rhythm/ Lesson 4: **Notating Songs** from the Oak National Academy.

<https://classroom.thenational.academy/lessons/notating-songs-74wkad>

You will need a pencil and a piece of paper for this session.

