Bubble snakes

For this activity, you will need:

- Empty plastic bottles
- Washing up liquid
- A large bowl or container
- Flastic bands
- An odd sock or old flannel
- Scissors
- Food colouring (optional)



First, cut the bottom off the plastic bottle (seek adult help if needed).

Then, using the elastic bands, secure the fabric over the cut end of the bottle.

In the bowl or container, mix washing up liquid with water.

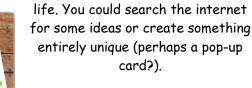
Dip the fabric covered end of the bottle in the soapy water, remove and then blow through the bottle neck

Optional: add different food colouring drops onto the fabric to make rainbow-coloured snakes!

This is a great activity to do with younger siblings!

Fathers' Day card

Fathers' Day is on Sunday 20th June. Make a card for your father, stepfather, grandfather or another father-like figure in your





I know that for some, having to isolate at home has meant missing out on going away. Why not make the best of it and pitch your tent in your back garden?

Or even camp out in your living room?



Too fond of the comfort of your own bed for that? Then why not just camp during the day and go to bed as normal (after having toasted marshmallows, of course)?

Paper aeroplanes

You can find loads of designs, templates and instructions online. Why not turn it into a competition and see who in your household can fly their plane the furthest? Or whose paper aeroplane does the best stunts?



Build a fort

ideas for things to do whilst isolating at home.

Half-term fun:

This was my favourite school holiday activity as a child! Find as many sheets, blankets and cushions as you can and get building! If you have any large cardboard boxes, they could be handy too. A dining table would provide an excellent roof for your fort, although the sofa is always a comfortable option too! Alternatively, head into the garden with your provisions and see what structures you can create outside.

Time capsule

A time capsule is such a fun way to document what is going on in your family right now; include photos, mementos and newspaper clippings.

You could use a shoebox and store it inside or use something watertight so that you can bury it in the garden. Don't forget to set a date for opening it back up!

Photo booth

Grab some costumes, makeup, props, and get ready to have a blast. You could even create your own props; the sillier the better!

Rope in the whole household for a photo shoot; your family pet may even want to get in on the fun!



Water fight

Grab another member of your household, some empty washing up liquid bottles and have fun! Can you think of any other alternatives to water pistols?

Perhaps you could design and make something. What can you find around your home that makes the biggest splash?



Get baking

Cakes? Biscuits? Bread? All three?

Leaf through one of your parents' cookbooks or find a plethora of recipes on the internet. Make sure you have adult supervision when using the oven and any hazardous utensils.



Tensile bubbles

Take a look at this website to find out how to make non-spherical bubbles: <u>babbledabbledo.com</u>



All you need is straws, pipe cleaners and bubble solution.

Get growing

Plant in the garden or start something off on your kitchen windowsill. Herbs are often easy to plant from seed and quick to grow.



If you don't have access to seeds, many herbs, fruits, and vegetables can be grown from kitchen scraps (the parts you'd normally throw away)! Have a look at this website for tips: squaremilefarms

Virtual tours and live webcams

Natural History Museum
Edinburgh Zoo
Louvre
Monterey bay aquarium
San Diego zoo
Smithsonian zoo
Chester zoo

Music video

Make your own music video for your favourite song.

You will need to choreograph dance moves, plan your

pop/rock star outfits and maybe even make some

props and backdrops.

Bookmark

Make a bookmark so that you no longer have to dog-ear the pages of your books!

You could draw pictures or patterns, use photographs, create a pressed-flower one, use origami, knit or sew one...

there are endless
possibilities!



Family quiz night

Tonight, your host is... [insert your own name here!]

Plan and host a quiz night for your family. You could even invite friends and other households to take part via Zoom.

You will need to write your own quiz questions and plan a point system too. Who do you think will win?

Make your own ice cream

Follow the recipe (<u>5-min-ice-cream</u>) to make your own ice cream in a freezer bag!



Try adding flavours and additional ingredients; does it still work?

The Royal Albert Hall

Explore content from the Royal Albert Hall in the comfort of your own home.

https://www.royalalberthall.com/about-the-hall/education/content-for-families-during-lockdown/

There are introductions to opera, jazz and classical music, as well as the opportunity to find out about different instruments in the orchestra.

Film Night

Turn your living room into a cinema.

Take snacks and drinks from the kitchen, settle down on a beanbag or the settee and enjoy a film!



Cirque du Soleil

Enjoy performances from Cirque du Soleil.

https://www.cirquedusoleil.com/cirqueconnect



Board Games

See if you have any board games in your house. If you don't have any, you could even make one. This activity is device-free and can bring the whole family together.



Cloud gazing

A great relaxing activity. Look up into the sky and let your imagination take over! Look at the clouds and see what shapes or images you can see. Do the clouds seem to change the more you look at them?



Let's Sparkle!

Seeing as you're only allowed in the house or your garden, why not deep clean your house as a family. You could even venture out into the garden - pull weeds, water the flowers or even mow the lawn!



Act It Out - Drama

Find some of your favourite books and re-enact some scenes from them.

Where will your book transport you to? Could you find costumes/outfits at home to make

this more fun? Could you include any family members?



Home Circus

Practise an act. Find some music online and announce each act to a thunderous applause from your family. You could even get other family members involved and discover some hidden talents!



Make Natural Art

Collect fallen leaves, petals and sticks and use them to make a picture or a sculpture. You could even use the objects as 'stampers' or paintbrushes - dipping them in paint and rolling, brushing or stamping them on paper to create interesting patterns and effects.

