



Reception Home Learning for week commencing 1st February 2021



Literacy

Please practise your letter formation using the letter formation practise sheets. Please remember that each of the letters that you are practising this week start with a 'f' shape.

Parents, please be really strict with picking up on incorrect letter formation. Remind your child of how to form their letters correctly and please encourage them to practise. Handwriting needs consistent practise for it to become embedded.

Please submit some photos of this work on Tapestry.

Understanding the World

LO: to understand why healthy food is important to humans.

Watch the lesson video and complete the activity of sorting food into healthy and unhealthy.

https://central.espresso.co.uk/espresso/modules/ev_ourselves/healthy_eating/video_healthy_eating.html

Then can you make a face on a plate with 5 different fruits/vegetables. You can either draw this or take a photo of one you made.

Challenge: Can you name the fruit/vegetables and explain why it is important to eat a variety of fruit and vegetables.

Please submit this work to your teacher.

Personal, Social and Emotional Development

Watch the video of Mrs Whiting sharing a part of a book called *The Boy, the Mole, the Fox and the Horse*.

Link: <https://kimboltonhuntingdon.primarysite.media/media/lesson-2-pshe-feeling-scared>

Have a think about her question: What scares you a little bit and how could you overcome your fear to do that thing?

Maybe a friend or grown up helped you realise it wasn't that scary, a worry monster, practising mindfulness, etc.

Extension: Complete the mindfulness session to get rid of the 'I can't monster'.

<https://www.youtube.com/watch?v=jzYtNWjQik0>

Draw a picture of you defeating and overcoming your 'fear', to remind you that you can do it.

Expressive Art and Design

LO: to make a wrapper for your chocolate bar.

You are going to design your wrapper for your chocolate bar, have a look and remind yourself what your chocolate bar will look/taste like.

Have a look at the different examples of chocolate bar wrappers, what do you think you might need? *The name of your chocolate bar, bright colours, pictures of the ingredients e.g. marshmallows.*

Extension: Can you label your design? E.g. colour, picture, material



Expressive Arts and Design

LO: to read and write songs using rhythmic notation.

Please complete KS1 Music/ Rhythm/ Lesson 4: **Notating Songs** from the Oak National Academy.

<https://classroom.thenational.academy/lessons/notating-songs-74wkad>

You will need a pencil and a piece of paper for this session.



Understanding the World

LO: to identify physical and human features of South America.

In Geography this week we are looking at the features of South America.

Watch the video of Miss Kelly explaining your task. Have a look at the cards and put into piles of physical and human features.

Challenge: Can you write a sentence about the feature in the picture. E.g. *This is a big mountain...*
Please submit a photo of this work on Tapestry.



Please upload anything you would like to share with your child's teacher to Tapestry.