

## French

In today's lesson we will be learning how to say the colours in French. Work your way through the PowerPoint, and use the sound buttons to help you.

Then complete the worksheet.

There are three levels, choose the one you are most comfortable with.

## RE

LO: To understand the key features of a mosque.

Work through the PowerPoint and watch the video of the East London mosque. Can you label the mosque features using the picture and the explanation sheets. Write a short explanation for each of the features.

## PSHE

We will be starting our new unit- Healthy Lifestyles.

For our first lesson we will be understanding what choices we can make to contribute to a healthy lifestyle.

Can you complete the sentence stem: I can keep myself healthy and happy by...

What do we mean by a healthy lifestyle?

Can you create a diary of a day in your life focusing on your lifestyle. You can draw or write about any healthy choices you make in relation to food, physical activity, leisure and rest.

## PE

Complete a Joe Wicks 30 minute workout.



## Bonus

Watch Newsbites on Espresso and complete the weekly quiz.

