

## Computing

Using espresso coding, complete the espresso Block Coding Level 2 lesson -Find my Cat! The videos will explain how to complete each task. Your children should be able to follow this with minimal support.

## RE

LO: To understand the key features of a mosque.

Work through the PowerPoint and watch the video of the East London mosque. Can you label the mosque features using the picture and the explanation sheets. Write a short explanation for each of the features.

## PSHE

We will be starting our new unit- Healthy Lifestyles.

For our first lesson we will be understanding what choices we can make to contribute to a healthy lifestyle.

Can you complete the sentence stem: I can keep myself healthy and happy by...

What do we mean by a healthy lifestyle?

Can you create a diary of a day in your life focusing on your lifestyle. You can draw or write about any healthy choices you make in relation to food, physical activity, leisure and rest.

## PE

Complete a Joe Wicks 30 minute workout.



## Bonus

Watch Newsbites on Espresso and complete the weekly quiz.

